



# School Newsletter

Week 04, Term 1, 2024

Issue No. 02/24

## Upcoming Events 2024

### Week 5

Monday 26<sup>th</sup> February  
School Council AGM  
All Welcome 5:00 pm

Wednesday 28<sup>th</sup> February  
7am Mountain Bike Club

Friday 1<sup>st</sup> March  
Interschool Volleyball Carnival  
Clean Up Australia Day-

### Week 6

Monday 4<sup>th</sup> - Wednesday 6<sup>th</sup>  
March  
School Review

Monday 4<sup>th</sup> March  
Eco-Rangers Meeting

Wednesday 6<sup>th</sup> March  
7am Mountain Bike Club

Thursday 7<sup>th</sup> March  
SRC meeting

Friday 8<sup>th</sup> March  
Interschool Netball  
Whole School Assembly

### Week 7

Monday 11<sup>th</sup> March  
Eco-Rangers Meeting

Wednesday 13<sup>th</sup> March  
7am Mountain Bike Club  
NAPLAN

Thursday 14<sup>th</sup> March  
SRC meeting  
NAPLAN

Friday 15<sup>th</sup> March  
Interschool Netball  
NAPLAN

*From the leadership team* 

Dear families,

What an amazing family evening we had last night, welcoming new Ross Park and refamiliarising ourselves with those of you we've known a while. Our students were so excited to share their learning with you, show you their classrooms and introduce you to their teachers. Many of you attend these same classrooms every day but it is a very special time when students specifically invite you and want to show you around.

Families are always welcome in our classrooms, though the beginning and end of the day is busy and most suited to a quick chat or exchange of messages. If you want to make an appointment to talk about progress or concerns for your child, please contact teachers directly via Seesaw or email. You can ask for a meeting with the classroom teacher at any point and we would rather that you see us when a problem is a hiccup not a major challenge.

This year we have engaged with The Resilience Project, a Social and Emotional Learning resource that focuses on Gratitude, Empathy and Mindfulness. Students are learning about each of these concepts in turn and are absorbing the learning with interest and commitment. Scan the QR code on the attached parent sheet to learn more about how you can support your child's leaning at home. Initial feedback from our families is that children are talking about what they are grateful for at home and that the learning at school is impacting family conversations at home positively. Teachers are reading The Resilience Project by Hugh van Cuylenburg, knowing that looking after our wellbeing can only benefit the children. You can access podcasts and audiobooks on Audible and Spotify if you prefer listening over reading text.

## Welcome to The Resilience Project

PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

### WHY?

Current research tells us...

#### Why mental health matters



Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

### EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR code to find out more about the impact the program has on emotional wellbeing and behavioral changes.



### ABOUT THE PROGRAM

The [Resilience Project](#) is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

### WHAT CAN BE DONE AT HOME?

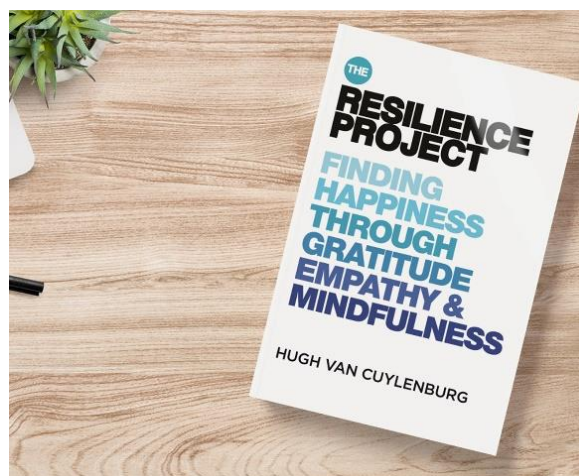


To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy and Mindfulness (GEM)** to life on [TRP@HOME](#).

The [Imperfects](#) podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.



(03) 9113 9302 | [theresilienceproject.com.au](https://theresilienceproject.com.au)



This morning at assembly we applauded and welcomed all our school leaders for 2024. Our new position of School Captain drew the highest quality applicants to it and it was an absolute pleasure to be able to interview six incredible Year 6 students. With young people like our Year 6 students in our world, I am reassured that our future is in capable hands. School captains, Elea and Alex, have taken to their roles with intuitive passion and commitment, our team leaders are demonstrating the school values as role models for younger students, library monitors have the library running like a well-oiled machine, and SRC and Eco-Rangers are raising the profile and possibilities of student voice at Ross Park. Congratulations to all students who moved out of their comfort zones and applied for leadership positions this year. We know that just beyond where you feel comfortable is where the greatest learning occurs but we also know that it can be a nerve-racking place to be and we recognise every student who pushed themselves into something new. Thank you to all students who have accepted the responsibility of a leadership role for 2024- we are looking forward to working alongside you to continue to make our school the best place to work and learn in.

Warm regards

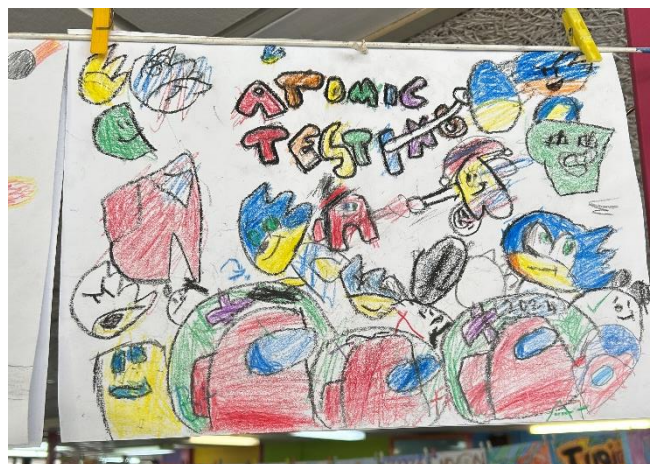
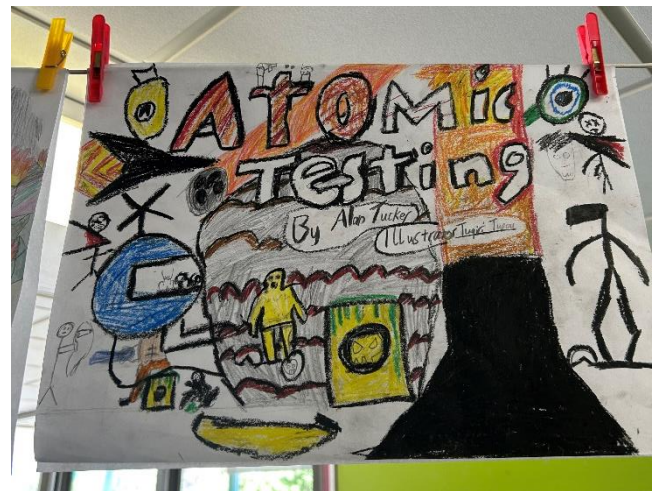
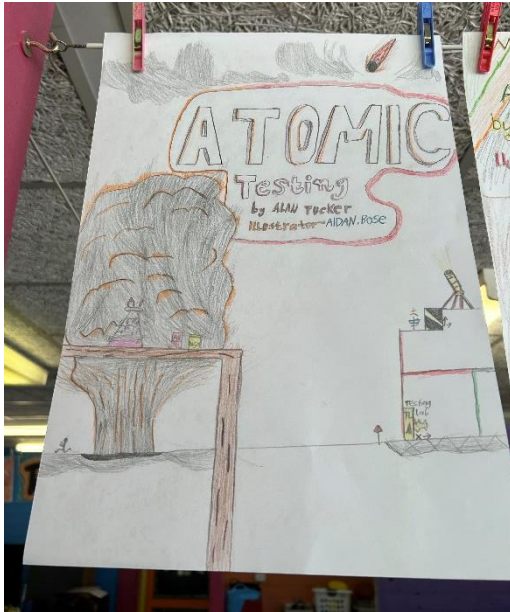


Kate Worrall  
Assistant Principal



# Year 4 Panther Geckos

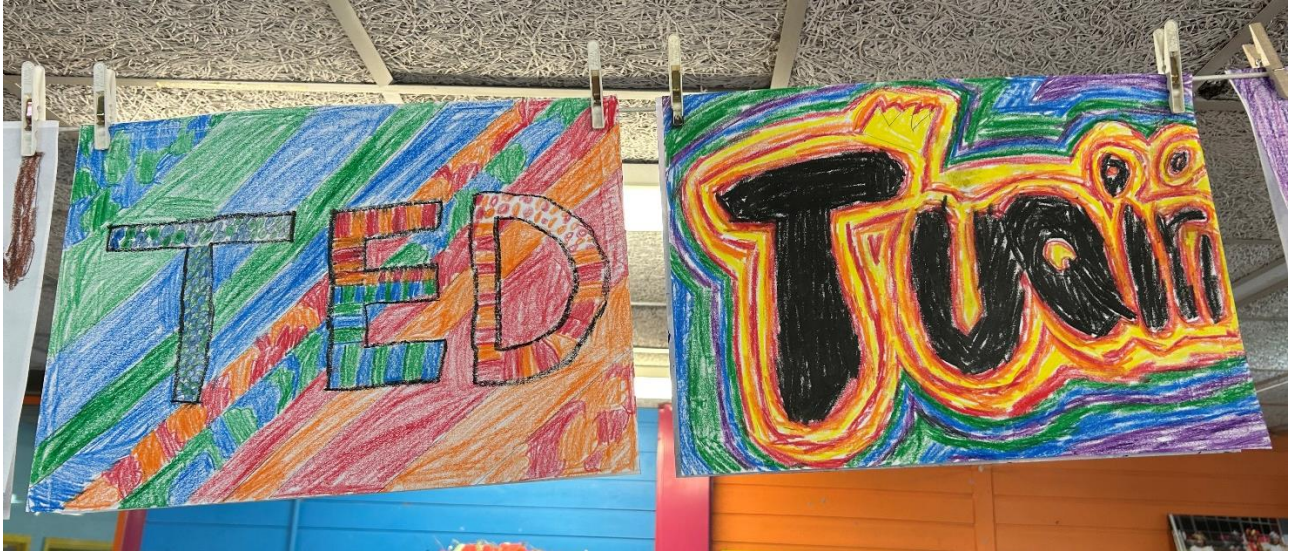
Students had to redesign the front cover for the class novel Atomic Testing by Alan Tucker. It is a story based in outback South Australia and one boy's adventures amidst the backdrop of nuclear testing in 1950s Australia.





# Year 4 Panther Geckos

Our first art activity for 2024 was for our students to show their personality through a name picture.



# Important information for Transition to Year2 Classes



Be Strong  
Be Fair  
Be Kind

# NUT FREE



# ZONE

# TRANSITION - YEAR 2 CLASSES ONLY



# ROSS PARK PRIMARY SCHOOL COUNCIL ANNUAL GENERAL MEETING 2024



ROSS PARK  
PRIMARY SCHOOL  
*Learning-Knowledge-Life*

Monday 26th February 2024 5:00 pm School staffroom

## Agenda

- Welcome/Apologies
- Minutes of AGM 2023
- Business arising
- Chairperson's Report
- Annual Report
- Finance Report
- Election of Council members
- Close of meeting

Nomination forms may be collected from the Front office of the school.  
If you would like the forms emailed to you, please contact Teresa O'Connell,  
School Council Secretary at [teresa.oconnell@education.nt.gov.au](mailto:teresa.oconnell@education.nt.gov.au)





# COMING SOON!

## SCHOOL PHOTO DAY

**YOUR SCHOOL YOUR STORY**

[www.theschoolphotographer.com.au](http://www.theschoolphotographer.com.au)



# Before School Active Program

RED DESERT  
WARRIORS

Tues & Thurs 8am





# FUN RUN COLOUR SMASH

*Fundraiser*



**WEEK 8**  
**FRIDAY**  
**22ND**  
**MARCH**

**RAISING  
MONEY**

**FOR THE HUB'S  
ENGINE ROOM**

**SAUSAGE  
SIZZLE**

**AVAILABLE TO  
PURCHASE!**

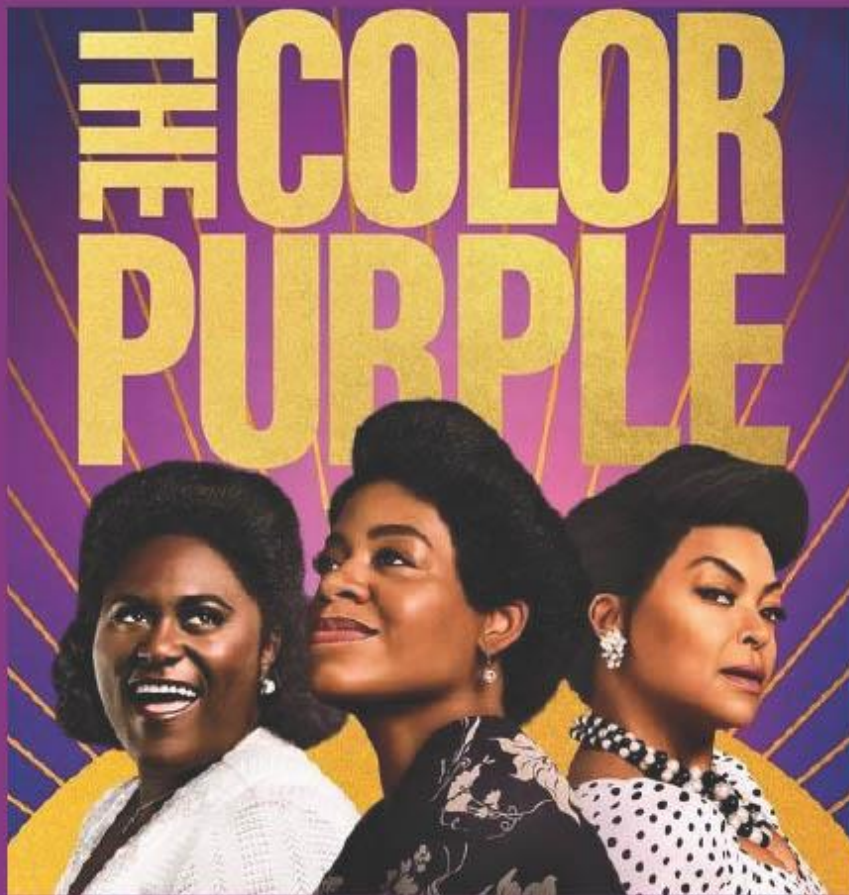
**12:40PM -  
2:50PM**



**ROSS PARK  
PRIMARY SCHOOL**  
*Learning-Knowledge-Life*

Women's Safety Services of Central Australia and  
NT Women Lawyers Association bring you

# INTERNATIONAL WOMEN'S DAY MOVIE NIGHT



**WEDNESDAY 6 MARCH 2024**

📞 8953 5914

✉️ [cdt@wosca.org.au](mailto:cdt@wosca.org.au)



At Alice Springs Cinema, 11 Todd  
Mall

Arrival 6:00pm

Movie starts 6:30pm

Cost \$10 (includes candy bar item)

**TICKETS** →

